



Flag Football Class Policies

NOTICE:

- Failure to abide by any of the class policies will result in dismissal for the day at the discretion of the head coach. Depending on severity of infraction or repeat offenses the member may be dismissed from class until further notice.

TARDINESS

- Participants' timely arrival is vital for proper warm-up and injury prevention. Students are required to be ready for class with proper attire before the scheduled start time.
- If you are more than 10 minutes late without notifying the coach prior, you will not be admitted into class.

GENERAL INFORMATION/ FLAG FOOTBALL POLICIES

- Bullying is prohibited.
- Profanity is not permitted.
- Punching or kicking another member is not allowed.
- All members are required to participate in class activities or exercises.
- Use of cell phones or other electronic devices are not permitted during class.
- Members are not allowed on the field or weight room unless a coach is present and allows them to do so.
- Food and drinks, other than water and sports drinks are not allowed during class.
- Parents and friends are welcome to watch, however you cannot talk to students during class unless it is an emergency.

ABSENCES

- Participants will be dropped from class if they miss two or more classes in a week without notifying the head coach prior.
- To notify CYC of your child's Absence or Tardiness for this program, email Bwayne@cycmail.org or call (925)771-5909

ATTIRE

- Members are required to wear athletic attire; shorts, sweats, t-shirt, etc.
- CYC program shirts are not mandatory for class admission.
- Shoes are required for every class and must be closed toe.
- Cleats are optional and can only be used on the field when permitted to do so.
- All participants must also adhere to the CYC general attire guidelines.

Contact Head Coach -- Blake Wayne

Email: Bwayne@cycmail.org

Phone: (925) 771-5909