



Open Session Classes

As Of: April 12, 2019

Questions?: info@cycmail.org

Billing and Account Information

(925) 671-7070 ext. 202

Membership & Registration Information

(925) 671-7070 ext. 210

Indicates a Session Class

PROGRAM/CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	LOCATION
GYMNASTICS								
Dyno Level	3 - 5 Years	11:15 - 11:45 AM (2) 12:00 - 12:30 PM (2) 12:45 - 1:15 PM (1) 1:30 - 2:00 PM (1) 3:30 - 4:15 PM	11:15 - 11:45 AM 12:00 - 12:30 PM 12:45 - 1:15 PM 1:30 - 2:00 PM (1) 3:30 - 4:15 PM	11:15 - 11:45 AM 12:00 - 12:30 PM 12:45 - 1:15 PM (3) 1:30 - 2:00 PM (3) 4:30 - 5:15 PM	11:15 - 11:45 AM 12:00 - 12:30 PM (1) 12:45 - 1:15 PM 1:30 - 2:00 PM	11:15 - 11:45 AM 12:00 - 12:30 PM (3) 12:45 - 1:15 PM (3) 1:30 - 2:00 PM (1) 3:30 - 4:15 PM 5:30 - 6:15 PM	9:00 - 9:45 AM (1) 10:00 - 10:45 AM	Gymnastics Area
Skill Level	6 and up	2:15 - 3:00 PM 3:30 - 4:15 PM 4:30 - 5:15 PM 5:30 - 6:15 PM 6:30 - 7:15 PM	2:15 - 3:00 PM 3:30 - 4:15 PM 4:30 - 5:15 PM (3) 5:30 - 6:15 PM (2) 6:30 - 7:15 PM	2:15 - 3:00 PM 3:30 - 4:15 PM 5:30 - 6:15 PM 6:30 - 7:15 PM (2)	3:30 - 4:15 PM (3) 4:30 - 5:15 PM (5) 5:30 - 6:15 PM 6:30 - 7:15 PM	3:30 - 4:15 PM 4:30 - 5:15 PM (5) 5:30 - 6:15 PM (1) 6:30 - 7:15 PM (3)	11:00 - 11:45 AM 12:00 - 12:45 PM (2)	Gymnastics Area
JUDO								
Pre-Judo	4 - 5 Years	4:00 - 4:45 PM (1)		4:00 - 4:45 PM (3)		4:00 - 4:45 PM (2)		Martial Arts Center
TAEKWONDO								
Junior Ninja Turtles	4 - 5 Years	3:30 - 4:00 PM (2)	3:30 - 4:00 PM (2)	3:30 - 4:00 PM	3:30 - 4:00 PM(2)	3:30 - 4:00 PM (3)		Martial Arts Center