



OPEN ENROLLMENT

* Indicates an Upper Division Class and Requires Written Coach Approval to Register

For: January 2, 2019

+ Indicates Advanced Training Fees

Billing and Account Information

Membership & Registration Information

Questions?: info@cycmail.org

Indicates a Session Class

(925) 671-7070 ext. 202

(925) 671-7070 ext. 210

PROGRAM/CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	LOCATION
BOXING								
All Levels	8 - 13 Years	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	10:00 - 12:00 PM (OPEN)	Boxing Gym
	14-18 Years	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)		Boxing Gym
CHEERLEADING								
Beginning	4 - 5 Years	7:00 - 7:45 PM (3)						Cheer Floor Bldg 1
	6 - 7 Years		5:15 - 6:00 PM (2)					Cheer Floor Bldg 1
			6:00 - 6:45 PM (6)					Cheer Floor Bldg 1
	8 - 9 Years				7:15 - 8:00 PM (6)			Cheer Floor Bldg 1
	10 - 18 Years							Cheer Floor Bldg 1
Advanced (all ages)	6 - 18 Years				8:00 - 8:45 PM (11)			Cheer Floor Bldg 1
DANCE								
Pre Ballet	3 - 4 Years						9:45 - 10:30 AM (5)	Dance Studio
Pre Ballet	5 - 6 Years						10:30 - 11:15 AM (5)	Dance Studio
Beginning Ballet *	7 - 9 Years					5:15 - 6:00 PM (1)		Dance Studio
Pre-Ballet	6+					4:30-5:15 (6)		
Beginning Kids Ballet *	7 - 9 Years				3:30 - 4:15 PM (4)	6:00-6:45 (4)		Dance Studio
						5:15-6:00 (1)		
Intermediate Ballet*	9+ Years					6:45 - 7:45 PM (3)		Dance Studio
Ballet 2 *	8+ Years	5:30 - 6:30 PM ()						Dance Studio
Ballet 3 *	8+ Years		6:00 - 7:00 PM					Dance Studio
Ballet 4*	8+ Years			4:00 - 5:30 PM				Dance Studio
Ballet/Jazz Combo	7 - 9 Years	3:15 - 4:00 PM (5)						Dance Studio
Ballet/Tap Combo	4 - 6 Years						11:15 AM - 12:00 PM(4)	Dance Studio
Creative Movement	5 - 7 Years					3:00 - 3:45 PM (3)		Dance Studio
Creative Movement	4 - 6 Years	2:30 - 3:15 PM (1)					9:00 - 9:45 AM (7)	Dance Studio
Beg Boys Dance	6+ Years		3:00 - 3:45 PM (9)					Dance Studio
Int Boys Dance	8+ Years		3:45 - 4:30 PM (8)					Dance Studio
Jazz 1	6 - 9 Years	4:45 - 5:30 PM (3)						Dance Studio
Jazz 2 *	Age Open	6:30 - 7:30 PM						Dance Studio
Advanced Jazz 4 *	see Instructor			5:30 - 6:30				Dance Studio
Teen Jazz	10 - 18 Years			7:30 - 8:15 (11)				Dance Studio
Kids Hip Hop	5 - 7 Years					3:45 - 4:30 PM (1)		Dance Studio
Intermediate Kids Hip Hop *	8 - 11 Years	4:00 - 4:45 PM (1)						Dance Studio
Advanced Teen Hip Hop	10 - 18 Years				6:30 - 7:15 PM (10)			Dance Studio
Tahitian	6 - 9 Years				4:15 - 5:00 PM (4)			Dance Studio
Tahitian	10+ Years				5:00 - 5:45 PM (9)			Dance Studio
Kids Tap 1	6+ Years		4:30 - 5:15 PM (4)					Dance Studio
Kids Tap 2 *	8+ Years		5:15 - 6:00 PM					Dance Studio
Teen Hip Hop	11+				6:30-7:15 (10)			
Beg / Int Teen Tap *	10+ Years				5:45 - 6:30 PM (10)			Dance Studio
Urban	10+ Years		7:00 - 7:45 PM (4)	6:30 - 7:30 PM (1)				Dance Studio
JUDO								
Beginning	6 - 11 Years		7:00 - 8:00 PM (7)		7:00 - 8:00 PM (13)	6:30 - 8:30 PM (2)		Martial Arts Center
Intermediate	11 and Up		8:00 - 9:00 PM (28)		8:00 - 9:00 PM (32)			Martial Arts Center
SOCCER								
U4 (Mon/Wed/Fri)	Birth Year: 2015-2016 <i>*2016 birth year players must be at least 3yo when registering.</i>	10:00 - 10:25 AM 10:30 - 10:55 AM 11:30 - 11:55 12:00 - 12:25 PM 3:25 - 3:55 PM		10:00 - 10:25 AM 10:30 - 10:55 AM 11:00 - 11:25 AM				Soccer Field 1 and 2
				12:00 - 12:25 PM		3:30 - 3:55 PM		

U6 (Mon/Tues/Wed/Thurs/Fri)	Birth Year: 2013 - 2014		3:30 - 4:10 PM(3:30 - 4:10 PM	3:30 - 4:10 PM	3:30 - 4:10 PM		Soccer Field 2, 3 and 4
U8: Mon/Wed	Birth Year: 2012	4:15 - 5:10 PM		4:15 - 5:10 PM				Soccer Field
U8: Tue/Thur	Birth Year: 2011		4:15 - 5:10 PM		4:15 - 5:10 PM			Soccer Field
U10: Tue/Thur	Birth Year: 2009				5:15 - 6:25 PM			Soccer Field
13+: Mon/Wed	Birth Year: 2006 and Older	6:30 - 7:55 PM		6:30 - 7:55 PM				Soccer Field
TAEKWONDO								
White Belt	6 and Up	4:00-4:45(7)			4:00-4:45(4)			Martial Arts Center
			7:00-7:50pm (7)			7:00-7:50 (3)		
		8:00-8:50 PM (OPEN)		8:00-8:50 PM (OPEN)		7:00-7:50 PM (OPEN)		
Color Belt	6-9 Years		4:00-4:45(5)		4:00 - 4:50 PM (9) 5:00 - 5:50 PM (9)		6:00-6:50(1)	Martial Arts Center
		6:00 - 6:50 (1) 7:00-7:45	5:00-5:45(12)	6:00-6:45(8) 7:00-7:45(13)				
	10 & up	5:00 - 5:50 PM (2)			6:00-6:45(1)		5:00-5:45(2)	Martial Arts Center
		7:00 - 7:50 PM (4)	6:00-6:45(2)					
	All Ages (6 - 18 Years)		8:00 - 8:50 PM (OPEN)		8:00 - 8:50 PM (OPEN)	8:00 - 8:50 PM (OPEN)		Martial Arts Center
WRESTLING								
K-5 Beginning	White Shirt (Beginners) (5-10)	3:30-4:15(3)	3:30 - 4:15 PM (5)	3:30 - 4:15 PM (1)	3:30 - 4:15 PM (2)	3:30 - 4:15 PM (4)		Wrestling Area Building 2
	White Shirt (Beginners) (5-10)							
	White Shirt (Beginners) (5-10)				5:30 - 6:15 PM (2)	5:30 - 6:15 PM (1)		
	White Shirt (Beginners) (5-10)	6:30 - 7:15 PM (7)		6:30 - 7:15 PM (4)	6:30-7:15(14)			
	Yellow Shirt (Advanced) (5-10)	4:30-5:15 (2)	4:30 - 5:15 PM (7)	4:30 - 5:15 PM (5)	4:30 - 5:15 PM (7)	4:30 - 5:15 PM (11)		Wrestling Area Building 2
	Yellow Shirt (Advanced) (5-10)	5:30 - 6:15 PM (7)	5:30 - 6:15 PM (1)	5:30 - 6:15 PM (7)	5:30 - 6:15 PM (4)			
White/yellow shirt							9:15-10:00am (2)	

