



**OPEN ENROLLMENT**

\* Indicates an Upper Division Class and Requires Written Coach Approval to Register

For: January 2, 2019

+ Indicates Advanced Training Fees

Billing and Account Information

Membership & Registration Information

Questions?: info@cycmail.org

Indicates a Session Class

(925) 671-7070 ext. 202

(925) 671-7070 ext. 210

PROGRAM/CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	LOCATION
<b>BOXING</b>								
All Levels	8 - 13 Years	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	4:00 - 6:00 PM(OPEN)	10:00 - 12:00 PM (OPEN)	Boxing Gym
	14-18 Years	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)	6:30 - 8:30 PM (OPEN)		Boxing Gym
<b>CHEERLEADING</b>								
Beginning	4 - 5 Years	7:00 - 7:45 PM (7)						Cheer Floor Bldg 1
	6 - 7 Years		5:15 - 6:00 PM (11) 6:00 - 6:45 PM (7)	7:00 - 7:45 PM (4)				Cheer Floor Bldg 1
	8 - 9 Years				7:15 - 8:00 PM (5)			Cheer Floor Bldg 1
	10 - 18 Years	7:45 - 8:30 PM (6)		7:45 - 8:30 PM (10)				Cheer Floor Bldg 1
Advanced (all ages)	6 - 18 Years				8:00 - 8:45 PM (12)			Cheer Floor Bldg 1
<b>DANCE</b>								
Pre Ballet	3 - 4 Years						9:45 - 10:30 AM (4)	Dance Studio
Pre Ballet	5 - 6 Years						10:30 - 11:15 AM (2)	Dance Studio
Beginning Ballet *	7 - 9 Years					5:15 - 6:00 PM (1)		Dance Studio
Pre-Ballet	6+					4:30-5:15 (6)		
Beginning Kids Ballet *	7 - 9 Years				3:30 - 4:15 PM (2)	6:00-6:45 (4)		Dance Studio
Intermediate Ballet*	9+ Years					6:45 - 7:45 PM (3)		Dance Studio
Ballet 2 *	8+ Years	5:30 - 6:30 PM (5)						Dance Studio
Ballet 3 *	8+ Years		6:00 - 7:00 PM (7)					Dance Studio
Ballet 4*	8+ Years			4:00 - 5:30 PM (16)				Dance Studio
Ballet/Jazz Combo	7 - 9 Years	3:15 - 4:00 PM (4)						Dance Studio
Ballet/Tap Combo	4 - 6 Years						11:15 AM - 12:00 PM(4)	Dance Studio
Creative Movement	5 - 7 Years					3:00 - 3:45 PM (3)		Dance Studio
Creative Movement	4 - 6 Years	2:30 - 3:15 PM (1)					9:00 - 9:45 AM (3)	Dance Studio
Beg Boys Dance	6+ Years		3:00 - 3:45 PM (6)					Dance Studio
Int Boys Dance	8+ Years		3:45 - 4:30 PM (8)					Dance Studio
Jazz 1	6 - 9 Years	4:45 - 5:30 PM (8)						Dance Studio
Jazz 2 *	Age Open	6:30 - 7:30 PM (8)						Dance Studio
Advanced Jazz 4 *	see Instructor			5:30 - 6:30 (9)				Dance Studio
Teen Jazz	10 - 18 Years			7:30 - 8:15 (10)				Dance Studio
Kids Hip Hop	5 - 7 Years					3:45 - 4:30 PM (1)		Dance Studio
Intermediate Kids Hip Hop *	8 - 11 Years	4:00 - 4:45 PM (1)						Dance Studio
Advanced Teen Hip Hop	10 - 18 Years				6:30 - 7:15 PM (10)			Dance Studio
Tahitian	6 - 9 Years				4:15 - 5:00 PM (4)			Dance Studio
Tahitian	10+ Years				5:00 - 5:45 PM (9)			Dance Studio
Kids Tap 1	6+ Years		4:30 - 5:15 PM (1)					Dance Studio
Kids Tap 2 *	8+ Years		5:15 - 6:00 PM (6)					Dance Studio
Teen Hip Hop	11+				6:30-7:15 (9)			
Beg / Int Teen Tap *	10+ Years				5:45 - 6:30 PM (10)			Dance Studio
Urban	10+ Years		7:00 - 7:45 PM (7)	6:30 - 7:30 PM (1)				Dance Studio
<b>JUDO</b>								
Beginning	6 - 11 Years		7:00 - 8:00 PM (8)		7:00 - 8:00 PM (12)	6:30 - 8:30 PM (3)		Martial Arts Center
Intermediate	11 and Up		8:00 - 9:00 PM (28)		8:00 - 9:00 PM (32)			Martial Arts Center
<b>SOCCER</b>								
U4 (Mon/Wed/Fri)	Birth Year: 2015-2016	10:00 - 10:25 AM (OPEN)		10:00 - 10:25 AM(OPEN)				Soccer Field 1 and 2
	*2016 birth year players must be at least 3yo when registering.	10:30 - 10:55 AM (OPEN)		10:30 - 10:55 AM(OPEN)				
		11:00 - 11:25 AM(OPEN)		11:00 - 11:25 AM(OPEN)				
		11:30 - 11:55 AM(OPEN)						
		12:00 - 12:25 PM(OPEN)		12:00 - 12:25 PM(OPEN)				
		3:25 - 3:55 PM(OPEN)				3:30 - 3:55 PM(OPEN)		
U6 (Mon/Tues/Wed/Thurs/Fri)	Birth Year: 2013 - 2014		3:30 - 4:10 PM(16)	3:30 - 4:10 PM (4)	3:30 - 4:10 PM(OPEN)	3:30 - 4:10 PM(OPEN)		Soccer Field 2, 3 and 4

<b>U8: Mon/Wed</b>	Birth Year: 2012	4:15 - 5:10 PM (OPEN)		4:15 - 5:10 PM(OPEN)				Soccer Field
<b>U8: Tue/Thur</b>	Birth Year: 2011		4:15 - 5:10 PM (1)		4:15 - 5:10 PM (1)			Soccer Field
<b>U10: Tue/Thur</b>	Birth Year: 2009		5:15 - 6:25 PM (3)		5:15 - 6:25 PM (3)			Soccer Field
<b>13+: Mon/Wed</b>	Birth Year: 2006 and Older	6:30 - 7:55 PM (12)		6:30 - 7:55 PM (12)				Soccer Field

**TAEKWONDO**

White Belt	6 and Up	4:00-4:45(12)	7:00-7:50pm (5)	4:00 - 4:50 PM (5)	4:00-4:45(4)	4:00 - 4:50 PM (4)		Martial Arts Center
		8:00-8:50 PM (OPEN)		8:00-8:50 PM (OPEN)		7:00-7:50 PM (OPEN)		
Color Belt	6-9 Years		4:00-4:45(6)		4:00 - 4:50 PM (7)			Martial Arts Center
		6:00 - 6:50 (5)	5:00-5:45(10)	6:00-6:45(8)	5:00 - 5:50 PM (5)	6:00-6:50(1)		
		7:00-7:45		7:00-7:45(14)				
	10 & up	5:00 - 5:50 PM (5)	6:00-6:45(2)		6:00-6:45(1)	5:00-5:45(2)		Martial Arts Center
		7:00 - 7:50 PM (7)						
	All Ages (6 - 18 Years)		8:00 - 8:50 PM (OPEN)		8:00 - 8:50 PM (OPEN)	8:00 - 8:50 PM (OPEN)		Martial Arts Center

**WRESTLING**

K-5 Beginning	White Shirt (Beginners) (5-10)	3:30-4:15(2)	3:30 - 4:15 PM (5)		3:30 - 4:15 PM (4)	3:30 - 4:15 PM (3)		Wrestling Area Building 2
	White Shirt (Beginners) (5-10)		4:30 - 5:15 PM (1)		4:30 - 5:15 PM (1)			
	White Shirt (Beginners) (5-10)	5:30-6:15(2)				5:30 - 6:15 PM (1)		
	White Shirt (Beginners) (5-10)	6:30 - 7:15 PM (7)	6:30-7:15(20)	6:30 - 7:15 PM (10)	6:30-7:15(9)			
	Yellow Shirt (Advanced) (5-10)	4:30 - 5:15 PM (5)	4:30 - 5:15 PM (3)		4:30 - 5:15 PM (2)	4:30 - 5:15 PM (9)		Wrestling Area Building 2
	Yellow Shirt (Advanced) (5-10)	5:30 - 6:15 PM (6)	5:30 - 6:15 PM (1)	5:30 - 6:15 PM (4)	5:30 - 6:15 PM (1)	5:30 - 6:15 PM (10)		

