



2019 Summer Camps

2241 Galaxy Ct. Concord, CA 94520

(925) 671 - 7070

Questions? Contact us: info@cycmail.org

Early morning drop-off is available at 7 am for only \$10/day or \$40/week. Advanced registration is required and will be held in the front office.

Camp Dates	Camp Name	Ages	Time	Price
July 15 - 19	Cheer Camp	10 to 18	9am - 3pm	\$120
July 22 - 26	Activity Camp	5 to 10	9am - 3pm	\$150
	Gymnastics Camp	6 & up	9am - 3pm	\$120
July 29 - August 2	Activity Camp	5 to 10	9am - 3pm	\$150
	Soccer Camp	9 & up	9am - 3pm	\$125
	Wrestling Camp	5 to 11	9am - 3pm	\$120
August 5 - August 9	Activity Camp	5 to 10	9am - 3pm	\$150

* Certain camps will begin at 8am on the day of the field trip due to the location.

For more information please contact Justin Schrager, Summer Camp Coordinator

Phone: (925) 671-7070 X235

or : jschrager@cycmail.org

Limited number of scholarships available at a discounted rate

Wrestling Camp:

The K-5 Wrestling, and Activities camp will focus on the fundamentals of wrestling. Campers will learn the basic techniques and skills that are required to wrestle. Campers will participate in activities that develop coordination, balance and body control. This will include tumbling, wrestling and fun games. This camp is great for kids who are new to wrestling and for more experienced wrestlers looking to build on their skills.

Cheer Camp

Students will learn to develop flexibility, coordination, and strength while learning the fundamentals of tumbling and stunting. Come and enjoy fun games and instruction!

Gymnastics Camp

Come and enjoy fun games and instruction! The participants will have training on Vault, Uneven Bars, Balance Beam, Trampoline and our foam pit. There will be arts and crafts and fun!

Soccer Camp

The Soccer Camp will focus on the fundamentals of soccer; campers will learn passing and shooting technique, skill moves, and get to apply what they learn in scrimmages throughout the week.

Please be prepared for the hot weather conditions, sunscreen and lots of water!

Dance Camp

The dance camp will focus on the fundamentals of Dance, campers will learn the basics of different types and styles from hip-hop to tap, jazz and contemporary. Everyday will be filled with movement exploration, performance artistry and team work ethic. We will increase confidence flexibility and gain muscle memory as we understand the discipline of dance.

Activity Camps

Week 1: June 17th-21st

Students will play games and create crafts throughout the day. They will also be going to Brenden Theatre to watch Ugly Dolls.

Week 2: June 24th-28th

We will go on a scavenger hunt for bugs, while keeping busy playing sports throughout the days. Not to mention, a walk to Brendan Theater to see *Secret Life of Pets 2!*

Week 3: July 8th-12th

Throughout the week we will play outdoors, and have a water balloon fight to cool us down. We will also walk to Todos Santos Park and tour the Farmers Market. Be ready to sample all of the fresh produce!

Week 4: July 15th-19th

Concord Police Department will come to campus and teach students safety lessons. We also will go to Q-zar for laser tag. On campus we get to enjoy snow cones, and build forts.

Week 5: July 22nd-26th

This week we have a focus on 'SPACE'. Throughout the week we will create artwork, develop craft skills and create our planet out of paper-mache illustrating the land and seas! We will also visit the Concord Fire Department Station.

Week 6: July 29th-August 2nd

Students will walk to Brenden Theatres and watch Toy Story 4. We will play a variety of fun and exciting games each day, testing skills and knowledge. Also we will make some slime, and fuse beads.

Week 7: August 5th-9th

We will go to the local park and get to play a game of softball. We will also get to go to an A's game and root for our favorite team! We will review the game of baseball and the understanding of what each position is responsible for.